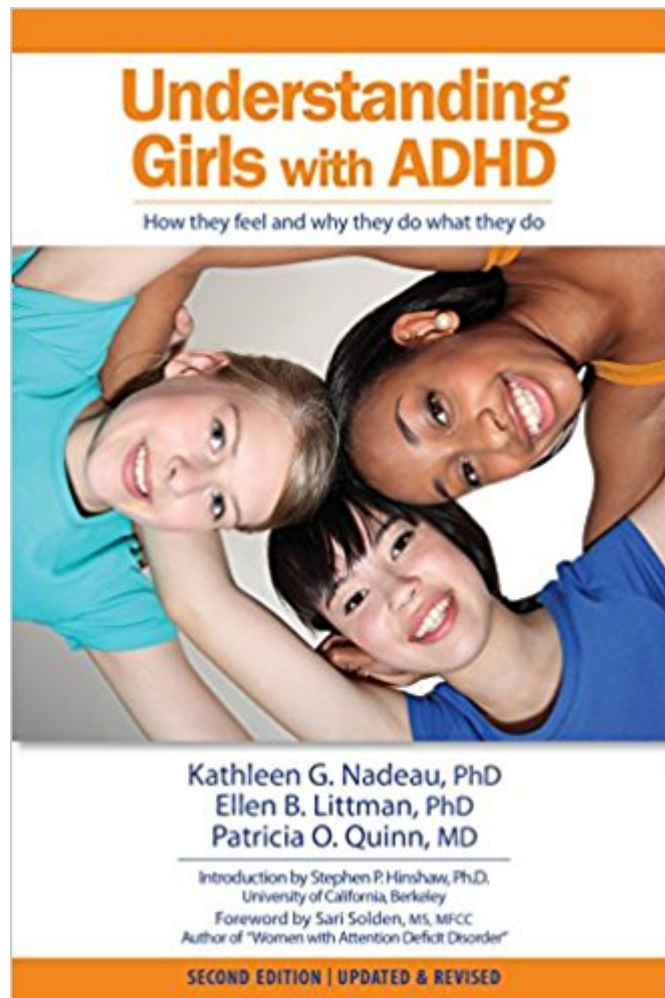




The book was found

Understanding Girls With AD/HD



Synopsis

A ground-breaking book on the needs and issues of girls with attentional problems: why they are often undiagnosed, how they are different from boys, and what their special needs are in school, in their social world and at home. Age-related checklists from pre-school to high school help parents and professionals better identify and help girls with AD/HD.

Book Information

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Best Sellers Rank: #232,571 in Books (See Top 100 in Books) #71 in [Books > Health, Fitness & Dieting > Children's Health > Learning Disorders](#) #507 in [Books > Medical Books > Medicine > Internal Medicine > Pediatrics](#) #621 in [Books > Parenting & Relationships > Special Needs](#)

Customer Reviews

I think this is a good book as far as diagnosing a young girl with ADHD. It has a great checklist for parents and a self report list for the child. It also gives numerous case studies to show how ADHD displays in girls. Once you decide your child may have ADHD, you have her evaluated by a psychologist, and then it is confirmed I recommend the book *Parenting Children with ADHD: 10 Lessons That Medicine Cannot Teach* for actual parenting strategies.

This was the first book I read on the subject of ADHD after my 8-year old daughter was diagnosed. There were so many aspects of her behavior that I didn't understand - and that I didn't realize were typical of girls with ADHD. As the book describes, the symptoms of boys with ADHD are much more well known and they are more easily diagnosed. I was familiar with the more well known symptoms such as hyperactivity and disruptive classroom behavior, etc. The symptoms of girls manifest themselves differently. Girls tend to internalize their symptoms. If they are struggling in school, they may be more likely to suffer anxiety than act out in class. But, I didn't realize that some of my daughter behaviors that were driving me crazy such as picky eating, lolling around in the bath, and

social anxiety were related to ADHD. I also learned from the book about conditions that tend to coexist with ADHD such as depression, Oppositional Defiance Disorder and others. The book also offers a summary of treatment options. After reading this book, I feel so much more sympathetic and patient with my daughter. I feel that the book has given me a great overview. I would definitely recommend this book to teachers and parents of girls with ADHD.

Our pediatrician told us to read this book when our daughter was, to our great surprise, diagnosed with ADHD. The book explains how ADHD has a very different profile in girls than in boys. It then gives very well considered, holistic advice on how to support daughters with this condition by different age groups, presenting an overview from a psychological perspective that goes far beyond the kinds of organizational tips in the other popular ADHD parenting books I've read. It has completely changed my understanding of my daughter and helped me to see much more concretely how I can be a support. I highly recommend reading this book first if you are told your daughter has or may have ADHD, and later on reading the more mechanistic books on how to develop better skills with executive function. I would also highly recommend this book to academic counselors and instructors. It puts the girls with ADHD in a completely different light.

I just received a ADHD diagnosis for my daughter, which I didn't see coming. The psychologist recommended this book to me. I devoured it over the weekend. It's a great book to read to really understand ADHD, the neurological activity of girls with ADHD, and the impact on their behavior. It was fascinating and served as my ADHD 101 manual. The book does not necessarily go deeply into coping methods, which is ok. I first need to understand the disorder. A must read for any parent who has a daughter diagnosed with ADHD.

This book was suggested to me by a psychologist that has worked with my daughter, who has ADHD. It was a very informative, easy-to-read book that will be a guide for me for many years. It was a very validating book and a lot of the suggestions were things I was doing already and things that parents need to know and learn how to do. The most important point in the book is something that all adults dealing with a child with ADHD need to know, treating ADHD isn't just about producing a good student, it is about giving them the help to live a quality life in every aspect. I work for a group of pediatricians and they were pleased that I shared the knowledge I gained from this book and others I have read.

THIS WAS A WONDERFUL BOOK THAT EVERY PARENT OF A GIRL WITH AD SHOULD READ. I LEARNED SO MUCH ABOUT AD THAT HAS CHANGED THE WAY I INTERACT IN CRISIS WITH MY DAUGHTER. I TOO WAS THE ONE WHO DIAGNOSED MY DAUGHTER AT 5TH GRADE, AND IT EXPLAINED ALL THE BEHAVIORS THAT I NEVER KNEW WAS SIGNS OF AD AS SHE GREW UP. SOME OF THE BEHAVIORS AS A TODDLER WAS RIGHT ON AD AND I NEVER KNEW. TODAY WITH ADDERALL SHE IS A STRAIGHT A STUDENT, SO THERE IS HOPE.. SHE STILL HAS SOME MELT DOWNS AS I CALL THEM BUT I HANDLE THEM ALOT DIFFERENT NOW THAN BEFOR THE BOOK. THANK YOU FOR WRITING THE BOOK AND PLEASE READ IT IF YOUR DAUGHTER HAS AD, IT WILL SHINE A WHOLE NEW LIGHT ON HOW YOU CAN HELP HER!!!!!!

I have a daughter with AD/HD and her therapist recommended the book. I always thought it was something I was doing wrong that she just could never spell or remember her homework/books from school not to mention the on going battle over how messy she is. I cried when I read the book. Now that I understand her better, I can help her better. Thank you, this book is just what the 2 of us needed.

Book was advertised as seen here but what I received was an much older version of the book. While main information is the same, it doesn't have the updates.

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